Introduction to Poster Presentation

Examples

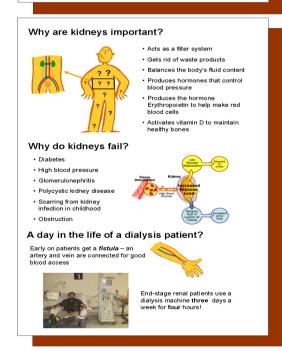
Assistive Technologies for Dialysis Patients

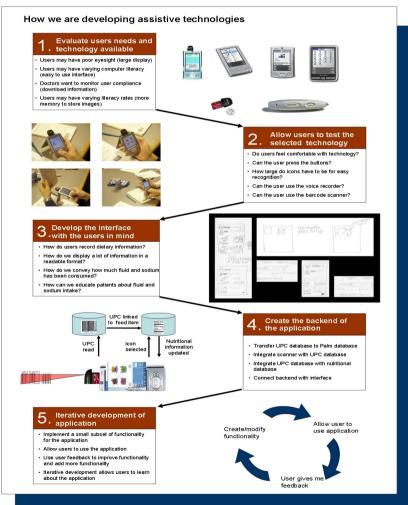


Katie A. Siek and Kay H. Connelly

Security for Ubiquitous Resources Group, Computer Science Department, Indiana University







What are we doing now?

We recently finished a study examining the usability of personal digital assistants. We compared how well novice PDA users 25-30 years old, 75-85 years old, and people with chronic illness completed five tasks: pushing buttons, viewing icons, recording a voice message, and scanning barcodes with two scanners.







We found there are no major differences in performance between groups

We are currently working with dialysis patients to find out how they keep track of their dietary intake. We are using our results to create picture cards and conduct usability tests on our initial interface designs.

Future Work

- Meet with nurses at Indiana University-Purdue University Indianapolis (IUPUI) hospital to discuss the interface clinicians will use to view compliance information
- Integrate complete UPC database with nutritional database
- Meet with renal dieticians at IUPUI to discuss how precise the application must be when monitoring fluid and sodium consumption
- Ensure application meets renal dietician requirements for accuracy
- Create a test suite of personal digital assistant applications for patients to learn how to use the technology
- Teach nurses how to use the test suite and introduce the technology to the participants
- · Begin iteratively designing software and interface

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- Baracoda Pencil, http://www.baracoda.us/
- · LinkSOFT. ScreenShot 2.1. http://linkesoft.com/screenshot/, 2004.





A General Framework for Wireless Smart Distributed Sensors

Katie Moor, University of Notre Dame; Pippin Wolfe, University of Massachusetts-Amherst; Brian Lambert, University of North Carolina-Charlotte: Fric Burns, Rutgers University: Stephen Elliott, Yale University: Tony Fan, Rensselaer Polytechnic Institute; Chris Kershaw, University of California-Santa Cruz; Hillary Davis, Sierra High School

Rob Armstrong, Nina Berry, Howard Hirano, Ron Kyker, Carmen Pancerella, Steve Tucker, Christine Yang

Embedded Reasoning Institute, Sandia National Laboratories/CA

U.S. Department of Energy

The Problem

Many situations call for the use of sensors monitoring physiological and environmental data. In these situations, it is beneficial to have intelligent agents analyze the large amounts of sensor data, recognize cues from the data, and communicate the results to humans and other computers

An awareness and warning tool - comprised of heterogeneous sensors, small light-weight, wearable

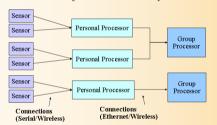
processors embedded intelligent software, and a wireless network connecting these processors and computers – is being piloted at Sandia National Laboratories. This tool has broad applicability to emergency teams, military squads, individual exercise and fitness monitoring, health monitoring for sick and elderly, and environmental monitoring in public places.

The Approach

Rather than create a custom software/hardware package for each application, we are developing an integrated generic system which can be configured by developers of different applications. The system is constructed of standard off-the-shelf hardware and software (Linux, ANSI C, and Java)

The flexible hardware infrastructure consists of sensors, small personal processors (e.g. handheld microprocessor devices), and larger group processors.

Integrated Hardware/Software System



As handheld devices become more powerful, this architecture becomes an impressive, albeit nontraditional, distributed computing cluster for mobile applications and pervasive computing. These small devices can process large amounts of sensor data, execute complex intelligent algorithms, and collectively communicate using a wireless network

About the Embedded Reasoning Institute

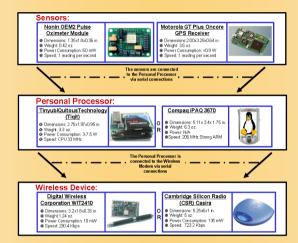
"...In the 21st century the technology revolution will move into the everyday the small and the invisible "

Mark Weiser, XEROX PARC

The Embedded Reasoning Institute (ERI) is a new research initiative for Sandia National Laboratories in the area of intelligent wireless pervasive devices (i.e., sensors, PDAs, microprocessors). The ERI seeks to explore, integrate, and advance technologies from the areas of wireless adaptive networks, wireless sensor technology, distributed sensor data integration, computer-enhanced situational understanding, and the flexible software/hardware systems to support these diverse areas. An important component of the ERI is the ERI-student program providing researchers and student interns with a collaborative environment to investigate capabilities in information technology, distributed computing, embedded systems, sensor technology, wireless technology, and information protection. 1

The Hardware Aspect

We considered weight, size, power consumption, computing power, operating system availability, support for high-level languages, reliable network support, and human factors when evaluating the equipment required for this system. Based on these specifications, we decided to use the following design:



We built middleware to interface the sensors with the intelligent agents. The hardware interfaces are shown in the code diagram

- Driver programs for each sensor (nonin_pulseox_driver and motorola_gps_driver).
- Configuration files to assist user input changes
- · A time stamp module to ensure synchronized sensor measurements
- · A client socket module to communicate with the intelligent agent software

Hardware Code Diagram

Future Work

As faster, smaller processors become available, the platform will be upgraded. We plan to employ Bluetooth modules as a substitute for the wireless modems in order to reduce power conserve space, and provide a better packaged tool. Furthermore, we plan to provide an IPbased wireless transmission protocol with 128-bit encryption between all personal processors and the group processors. We are also incorporating additional sensors in order to pilot awareness tools for different applications

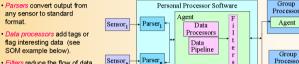
Most of our future work will focus on the intelligent algorithms. We plan to develop additional agents and to add capabilities to existing agents. We will experiment with customized SOMs for individual users and situations

The Software Aspect

The software architecture combines generic agents and a reusable, core software infrastructure which manages the available hardware resources. The agents within the personal and group processors integrate several intelligent components that may be added and adapted to customize new applications Furthermore, the software may be modified to include new sensors with minimal changes to the system

Personal Processor Software

Although personal processors are typically smaller and less powerful than group processors, their power lies in the fact that as a group they are able to process and react to data from a set of sensors in parallel. An agent, executing on the personal processor, controls the flow of sensor data through the different intelligent data processors and employs filters to regulate the flow of information to the group processors.





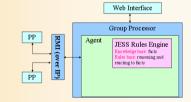
(Left) The initial stage (Right) The final stage

are clustered together

employ to process sensor data is a Self Organizing Map (SOM). The map is trained to recognize typical sensor data. If the training data is labeled, the map may label new sensor data accordingly. If there is only unlabeled training data, a simpler tag which identifies any data dissimilar to the training data as "abnormal" may be used.

Group Processor Software

Fach group processor is wirelessly connected to a set of personal processors (PP). The group processor contains one or more high-level reasoning agents. These agents can analyze patterns in data across many personal processors, and use past data and simulations in order to recognize scenarios. Data is archived for future use in a separate database.



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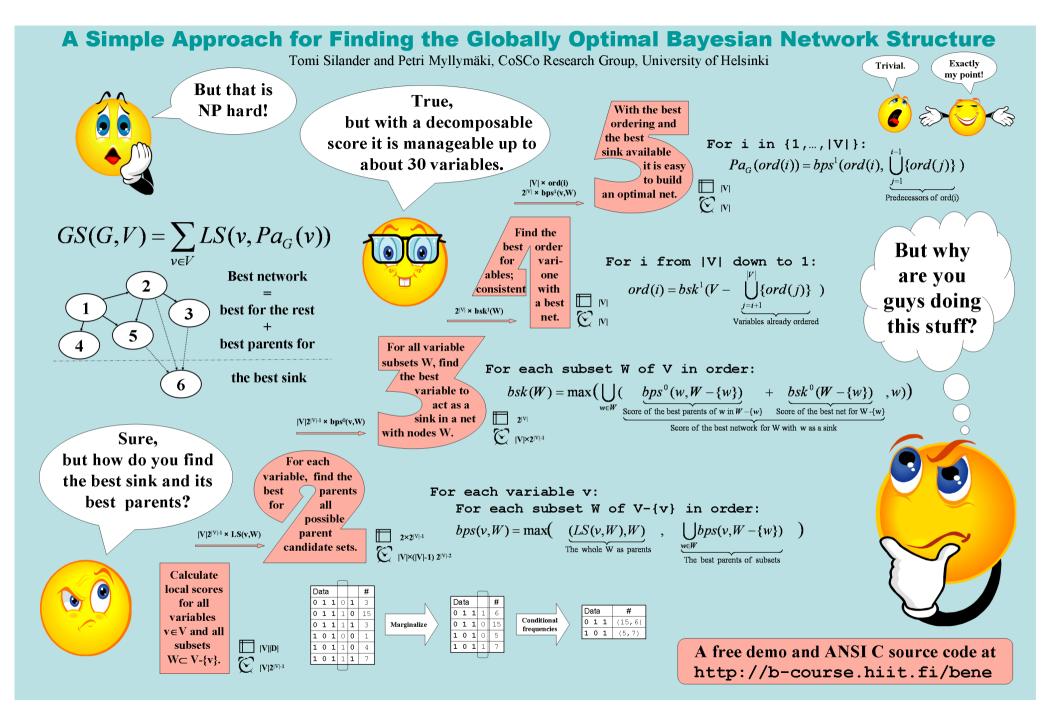
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Agent

Sandia is a multiprogram laboratory operated by Sandia Corporation, a Lockheed Martin Company, for the United States Department of Energy under contract DE-AC04-94-AL85000.





Poster presentation

- Informal event.
- Encourages interaction and exchange of ideas.
- Different from paper and talk.
- Way of presenting your topic in illustrative way:
 - Outline of your work.
 - Detailed enough to be self-contained.
 - For varying general audience.
- Goal is to share information and attract interest to your work!

Designing the poster

- Spend a few minutes thinking about :
 - What is the story you want to tell.
 - Motivation
 - Statement of the problem
 - Method and approach
 - Results and conclusion
 - Don't forget the references
 - How the poster looks visually
 - Graphics, colors, images, graphs.
- Simplicity is the key.

581339 Three Concepts: Utility (6 cr, 3 cu)

Designing ... (cont'd)

- Layout and modularity
 - To support your story.
 - Guide the reader.
 - Avoid congestion in audience.
 - Horizontal vs. vertical vs. cyclic vs. radial
- Typeface
 - Text should be visible from a few meters apart.
 - Title and author names should be prominent.

Designing ... (cont'd)

- Figures and diagrams preferred over text and tables.
 - Bulleted lists instead of running text.
- Use colors
 - To make your poster more attractive.
 - To support your story.
 - Sparingly —never use RED and GREEN in graphs to illustrate your point.
- More guidelines:
 - Google, for instance, "scientific poster design"

Presenting your poster

- Do not stand in front of your poster.
- Use graphics in your presentation.
- Be sensitive to the background of your audience.
- Finish with one listener first, then start with newly come.
- Don't be cheesy Bad jokes are worse than no jokes.
- To support you presentation, you may have
 - Hand-outs (or even full papers) available
 - Computer demos
 - Contact information

If you want to make a

Bad poster

- Design for one audienceyour competitor
- Layout in rows
- Obscure the sequence
- Have a lot of small text
- Be wordy, but avoid explanation

Excellent poster

- Design for varying audience — competitors, colleagues, people from outside your field
- Layout in columns
- Indicate the sequence
- Use graphics
- Emphasize important info
- Organize your message
- KISS

Some more examples

Identifying WRKY protein-protein interactions in Arabidopsis thaliana PURDUE

Moyer, Michelle¹ and Chen, Zhixiang ²

Plant WRKY Transcription Factors

WRKYGOKXXXXXCXXXXXXXXXHXH/C

er Intern, Department of Botany and Plant Pathology, Purdue University, West Lafayette, Indiana ² Department of Botany and Plant Pathology, Purdue University, West Lafayette, Indiana

Introduction

Knowing how plants respond to invading pathogens is key in understanding the basics of plant physiology. This quest for knowledge is now beyond the observable macroscopic phenotypic responses; it has delved into the microscopic world since plant pathological research began to study the biochemical and genetypic

Using the model plant, Arabidopsis thaliana, has aided studies involving plant-microbe interactions. Its remarkably small genome has been completely sequenced thus allowing researchers to identify and perform functional analysis assays on little-kno genes and proteins. It was with this information that a superfamily of transcription factors, encoded by WRKY genes, was discovered as major family of pathogen defense-response related genes in the Plant Kingdom. 1

This superfamily of around 72 genes², encode transcription factors that have zinc-finger motifs¹ (Fig. 1) and bind to W-box elements (conserved sequence promoters) upstream of many defenseresponse genes. The up-regulation of WRKY gene transcription has been shown to occur during the onset of pathogen invasion and this up-regulation has the implication of WRKY gene-product involvement in pathogen defense-response.3

In addition to the complete understanding of the WRKY gene family's role as transcription factors another question that remains to be answered is whether the protein binding domain of the WRKY gene is finger motif leads to any specific interactions between WRKY and other proteins. The following project addresses this question by screening a cDNA library of the *Arabidopsis* genome in search of proteins interact with specific WRKY genes.

WRKY Gene Cloning

 WRKY genes of interest in this project are WRKY 6, 22, 25, 37, 55, and 64. These are amplified from a stock of previously purified DNA by using PCR. Table 1 is a list of primers used to amplify the individual gene sequences; Table 2 is the program used for amplification.

Table 1- Primers & restriction enzymes used to amplify the WRXY genes.			Table 2- PCR Program		
WRKY	Primer Sequence/Restriction Sites	Restriction Enzymes	1) 94°	02:00 min	
WRKY 6	p394: atcggatcctpgacagaggatggtctgg	BAMHI	2) 94°	00:30 min	
	p395: atcgcggccgctattgatttttgttgtttccttcg	NOTI	3) 55°	00:30 min	
WRKY 22	p439: atcccatggccgacgattggga	NCOI	4) 72°	02:00 min	
	P440: atggcggccgcatattcctccggtggtagtg	NOTI	5) Go to 2	Repeat 35x	
WRKY 25	p396: atc ggatcct gtcttccacttctttcaccg	BAMHI	6) 72°	06:00 min	
	p397: atcgcggccgctcacgagcgacgtagcgcggt	NOTI		14:00 min	
WRKY 37	p398: atgccatggatactaataaagcaaaaaagct	NCOI	7) 4°	14:00 min	
	p399: atggcggccgcaagatagattcgaacatgaactg	NOTI	8) End		
WRKY 55	p449: atcccatggattcgaatagtaacaacacga	NCOI			
	p450: atggcggccgcgtcacatagcacttgttctttcataatc	NOTI	100		
WRKY 64	p400: atgccatggagggatatgataatgggt	NCOI	100		
	p441: atggcggccgctagasagaagagtagatttgcatttg	NOTI			

. Figure 1 shows the PCR amplified WRKY

W64 W37 W25 W6

pSos Plasmid



The pSos Plasmid and appropriate WRKY genes were digested with the same restriction enzymes and ligated.

plasmid amplified in the E. coli contained the WRKY gene insert.

· E. coli containing the appropriate pSos plasimd and WRKY gene insert The DNA from this stock was then used throughout the rest of the project.

Plasmid Vector Amplification



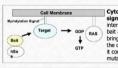
pMyr Plasmid

Cytotrap® Yeast-2-Hybrid vs. Conventional Yeast-2-Hybrid

	Cytotrape	Conventional		
Purpose	Detects protein-protein interactions in vivo by activating the RAS signaling pathway.	Detects protein-protein interactions in vivo by initiating transcription of the <code>lacZ</code> reporter genes.		
Uses	Used for transcription activators or repressors, cytoplasmic post-translationally modified proteins, and proteins that are toxic to yeast.	Used to identify genes that encode for a protein that can interaction with a given protein.		
Yeast Strain	Temperature sensitive cdc2SH containing the yeast homologue of the human Sos gene, which activates the Ras-signaling pathway.	The YRG-2 strain is a mutant in the production of (HIS3) and β-galactosidase (Iac2).		
How it works	The hSos gene complements the cdc25H mutant at 37°, thus allowing growth at this selective temperature. The Ras-signaling pathway is induced when the hSos gene is localized to the plasma membrane via interaction between the balt kinsion protein and the prey fusion protein. See Figure.	In the GAL4 system, expression of the reporter gene can only occur if both the DNA binding domain (80) and transcriptional activation domain (A0) of the GAL4 gene are interacting and localized to the UAS (up- stream activating sequence) of the <i>lac2</i> reporter gene. These interactions occur in the nucleus. See figure.		
Bait Protein	The bait protein is the protein of interest, expressed as a fusion protein with hSos via the pSos plasmid.	The bait protein is the protein of interest (X), expressed as a fusion protein with the GAL4 BD.		
Prey Protein	The prey protein is a fusion protein between a myristylation sequence and a cDNA library via	The prey protein is expressed as a library of proteins (Y) fused to the GAL4 AD.		

WRKY proteinprotein interactions. the Cytotrap® Yeasy-2-Hybrid assay was used because of its advantages over the

conventional yeast-2-hybrid



bait and prey (target) bring the hSos protein to the cell membrane, where it complement the cdc25H mutation and induces RAS.

GAL4 Traditional Yeast-2-Hybrid. The interaction between the bait protein (X) and the prey protein (Y) allows the DNA Binding Domain and Activating Domain of the GAL4 gene to interact resulting 1 in the transcription of the lacZ reporter gene.



Yeast Transformation

The transformation of cdc25H temperature sensitive Saccharomyces cerevisiae strain with the balt construct was done according to the Cytotrap® protocol.

•The transformed culture was then plated onto SD/Glucose (-Leucine) plates for 4-6 days at room temperature to select for yeast carrying the pSos plasmid vector...

rey Transformation: the transformation of the cdc25H yeast cells with the prey construct was done via the 2-Hybrid TRAFO¹ otocol for the maintenance of a plasmid.

•The yeast culture was then plated onto SD/Glucose (- Leucine,- Uracil) agar and grown at room temperature After 48 hours, these plated were replicated onto SD/Galactose (-Leucine,-Uracil) and grown at 37°C for 6 days in order to complete the library screen.

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would like to thank Dr. Zhixiang Chen his patience and knowledge, Dr. Denghui Xing for the help with the Yeast-2-Hybrid Assays, and everyone in Dr. Chen's Lab for their sincere desire in helping me to learn the ropes of the lab. I would also like to thank Muthu Balasubramaniam for coordinating this summer research opportunity and

supplying the summer interns

OpenEye Scientific Software

AFITT-Working with good chemistry

Thomas S. Peat, Jon Christopher, Kevin Schmidt, Brian Kelley, Matt Stahl, Geoff Skillman, Stan Wlodek & Anthony Nicholls

Abstract

AFITT is a new molecular graphics program developed by OpenEve Scientific Software for protein crystallographers. It runs on most operating systems, reads all common data formats, easily connects to databases and will generate good chemical structures from a SMILES string. In addition, it will create refinement dictionaries for ligands and other small molecules automatically.

Introduction

AFITT, a graphical tool for building macromolecules, was developed by OpenEve as a tool to help protein crystallographers create molecules with good chemistry and to promote better communication between chemists and crystallographers. To achieve this we have incorporated many functions that are found in modern software packages for both crystallographers and chemists. Python is used as the interpreter so scripting macros is straight-forward. Hooking AFITT to a database or chemical registry system to null molecules into the program is a simple procedure of modifying three lines of code in a script available from OpenEve.



Figure 1: Snapshot of AFITT showing the Ramachandran plot, 3D graphics, list and modeling windows. The residue being modeled in the 3D window is highlighted in the Ramachandran plot (red x) and is printed in the control window. The modeling window allows one to control the contour level of the maps, prepending, appending and replacing residues and changing angles all with icons and mouse

Both 3D and 2D windows are available and all common file formats are correctly read into the program (PDB, MTZ, SDF, MOL2, SMILES, etc.), Because AFITT uses the OEChem chemical library and OMEGA to generate conformers, good chemistry ensured even when starting from a SMILES Rapid docking into electron density is provided by OpenEve's Shape technology. To fit small molecules into density a new procedure has been developed which uses an MMFF force field potential and a Gaussian shape component.

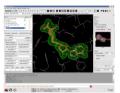


Figure 2: This snapshot shows the conformers generated from a SMILES density and refined using a combination of the MMFF force field and a Gaussian shape component. The input parameters are shown in the modeling window (left).

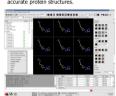
When refinement of a ligand structure inside a protein receptor is the primary ligand structure refinement, we propose a simplified procedure of structure optimization in a force field potential perturbed by a Gaussian shape component:

 $V = V_{MMFF} + \lambda V_{shape}$ where λ is a mixing term varied stepwise by small increments between successive optimizations (until either the maximum shape overlap or a specified maximum strain energy is achieved), V_{MMFE} is the Merck potential as described by Halgren¹, and V_{shape} determines the Gaussian

Protein	Ligand	Num Conf	Omega RMS	Strain	RMS
HIV Protease	cyclic urea	203	0.97	2.1	0.53
p38 Kinase	quinazoline	22	0.43	1.29	0.25
Estrogen receptor	ralculfene	66	0.67	9.63	0.49
Thrombin	phosphonate	400	1.31	6.79(6.76)	2.49(0.83
beta-lactamase	celtazidime	238	1.1	4.77(5.68)	4.19(0.91
T4 lysozyme	di-fluoroaniline	1	0.04	0.91	0.29
beta-lactamase	imipenem (covalent	146	0.56	10.46	1.18
beta-lactamase	allosteric inhibitor	68	0.62	1.74	0.32
B450 nor	ndenino dimentantish	400	1.71	12 2012 201	2 45(2 00

Table 1: Shape strain energies (in kcal/mol) and RMS deviations (in Å) from published X-ray structures of several ligands in their protein receptors3. Five Gaussians per atom were used to represent each ligand atom. Values in brackets were obtained with Coulomb terms excluded from VMMEE

Once the molecule of interest has been fitted to density, one can simply click a menu item to output a refinemen dictionary in either DEEMAC or YDLOD format. Constraints for the refinement parameters where possible. Ramachandran plot has incorporated the new Richardson4 parameters to give more accurate protein structures.



menu with options, the 3D, list and style windows. Shown are nine conformers of a single molecule in 'Brady Bunch' mode with the energy and tanimoto values in the spreadsheet below for each conformer. Note the options available for the aromatic

model used for dictionary generation.

Many functions (e.g. appending o prepending residues to a protein chain) have 'hot keys' which are user configurable. For high throughput purposes, the whole procedure of pulling a molecule from a database, generating conformers, fitting those conformers to density, refining and outputting a small molecule dictionary for refinement can be



Figure 4: This figure shows the 2D window as well as the 3D, list and style window is the SMILES string of a cofactor. Shown is a ribbon diagram of the protein with a ball and stick model of the cofactor (courtesy of C. Gee & J. Martin). The buttons in the style window control the representations (ball and stick, ribbons, CPK, etc.) of the molecules.

Conclusion

AFITT is a new tool for protein crystallographers to easily build proteins and their associated ligands into electron density. It facilitates good chemistry and outputs refinement dictionaries to streamline the refinement process. It has many built-in tools for communication with chemists (SMILES interpreter, 2D graphics window, reads typical chemical formats. etc.). The user can also create high quality (displaying properties such as electrostatics) of proteins. A 3D 'Brady Bunch' mode is available for viewing many objects simultaneously, such as a set of ligands for a given protein. Conformers can be sorted by energy, shape overlap, tanimoto, etc. using the spreadsheet function. Maps are generated 'on the fly' and secondary structure templates are available for building the protein molecule. Windows are detachable, and a user can set up a working environment and save it for later sessions. All in all, it is a tool you should

Acknowledgments

We would like to thank the OpenEve development team for the OEChem, Omega, Shape and Szyhki libraries which make many of the functions provided in AFITT possible. We also thank our customers who have supported the development of this program and Christine Gee and Jenny Martin who provided maps and a model

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OpenEye Scientific Software

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School Library Websites and the Information Behaviors of Young Adults



| Joyce Kasman Valenza | Doctoral Student | University of North Texas | SLIS | joyce valenza@sdst.ora |

BACKGROUND

The 21st century school library website, or virtual library, should have as broad an impact as its physical counterpart, expanding and reinterpreting service, meeting young users' needs where they live, play, and work--on the Web. These customized interfaces offer young people independence while they offer opportunities for professional intervention. They allow librarians and their partner educators to guide unlimited numbers of students anytime, any place. Through their websites teacher-librarians can extend their three roles as defined in Information Power (1998)—learning and teaching, information access and delivery. and program administration.

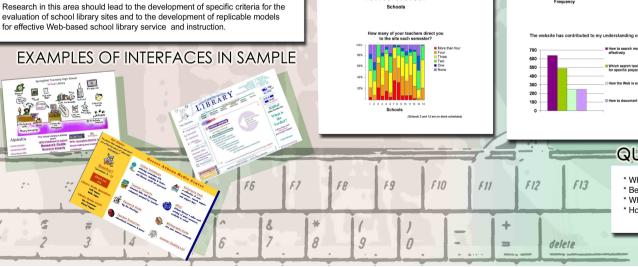
This poster describes the results of a mixed-method study examining the impact of school library websites on teen information-seeking behavior.

RESEARCH QUESTIONS

The disparity of school library website efforts, compounded by students' growing need for both online independence and intervention in the face of info-glut. suggests critical research questions:

- * Why, how, and when will high school students use school library websites?
- * How is student behavior affected by customized online resources, service,
- * What common content and design elements do effective sites share?
- * How have they evolved since Anne Clyde's 1999 content analysis?
- * To what extent are these sites interfaces effective environments for: learning and teaching, information access and delivery, and program administration?

Research in this area should lead to the development of specific criteria for the evaluation of school library sites and to the development of replicable models



MFTHODS CONTENT ANALYSIS

Selecting the Population

The study examines fully established sites and their impact on student use over time. High school seniors were selected for their long-term interaction with the sites. The researcher sought to examine exemplars of best practice by soliciting participation among high school sites selected for the IASL/Concord Award and as School Library Journal's Website of the Month.

Content Analysis

Using Anne Clyde's 1999 content analysis of 50 libraries as a baseline, the researcher conducted an updated analysis of 14 sites identified for study.

Web-based Survey of High School Seniors

Describe the influence of the library

An online survey of 1257 seniors in the 14 schools describes sections of the sites students most value, level of student use, and the influence of the sites on research behaviors. The instrument designed with QSurvey--a plug-in for the open source Zope package.

WEB-BASED SURVEY of 1257 Seniors

Focus Group Interviews

The researcher conducted four discussions with seniors at Springfield Township High School in Erdenheim, PA. Discussions were videotaped, transcribed, and coded using WEFT software.

Which pages on the site do you find most valuable?





CONCLUSIONS

Focus Groups—4 groups of seniors, mixed ability levels

Representative response: "It'd be dumb not to use it."

Did not stop at satisficing, sought scholarly materials. (Google not enough for academics research.) Believed interface helped them achieve better grades. meet teacher expectations, prepare for college

Appreciated databases, documentation advice, and pathfinders,

Students had issues with selection of databases, losing passwords, query formation.

Content Analysis

Landscape much changed since Clyde's 1999 analysis.

Addition of online catalogs & databases, collaborative lessons, presentations, blogs, interactive tools, media, pathfinders.

Sites more interactive in approach and are moving towards translation of full program.

Web-based Survey of Seniors of 14 Sites Identified as Best Practice

Striking differences in data across schools. Students in some schools clearly value the websites. In others, the level of acceptance is generally positive, but moderate.

Factor analysis revealed relationships between teacher recommendation and student acceptance. Usefulness factor connected to documentation guides, databases, online catalogs, and search tool options. Males scored significantly higher than females on usefulness

Bottom Line: Effective school library websites are hybrid experiences: most effective when enhanced with face-to-face instruction and supported by faculty endorsement and whole-school programs.

QUESTIONS FOR FURTHER STUDY

- * Why are some library websites far more important to students than others?

* Beyond design and content, what factors in school culture determine acceptance and use? * What role does faculty direction play in the acceptance of library websites? * How do librarians promote site use and acceptance into school culture? home

RESULTS OF FORMATIVE RESEARCH FOR A FOOD STORE-BASED INTERVENTION IN BALTIMORE, MARYLAND

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Abstract

Obesity and obesity-related diseases in the United States disproportionately affect minorities and those living in urban centers. We conducted formative research aimed at understanding the role small and large food stores play in a lowincome population's dietary behavior and other constraints to maintain a healthy diet in Baltimore, MD. The formative research involved in-depth interviews with storeowners and managers of large and small stores (n=17), a consumer survey in a representative sample of Baltimore residents (n=39), and an extensive food source survey in twelve randomly selected census tracts. People living in lower income census tracts had limited access to nutritious foods. Most small stores do not stock low fat products. In this setting, store environment can greatly influence consumer's choices and purchasing. For example, security devices can prevent customers from moving inside the store and reading nutrition labels. We are using these formative data to help us develop the Baltimore Healthy Stores program, which will target both large and small stores in the city with the aim of increasing healthier food options to inner city residents, and promoting them at the point of purchase. This study is supported by the Center for Livable Future, Johns Hopkins University,

Introduction

- Obesity and obesity-related diseases in the United States disproportionately affect minorities and those living in urban centers.
- Food stores can impact a community's ability to maintain an adequate and nutritious diet through the quality, price, and variety of food offered.
- Minorities living in inner cities face additional constraints to maintaining a varied diet, such as distance to supermarkets, inadequacy of public transportation, and lack of variety and fresh foods in smaller nearby neighborhood food stores (Ashman et al. 1993)

Study Setting: Baltimore City

- Baltimore City's poverty rate is 21%, compared to 7% in the rest of Maryland (Center for Poverty Solutions, 2002).
- Of all Maryland households that receive food stamps, 43% are located in Baltimore.
- Baltimore lost 15% of its supermarkets in the past two years.
 Local residents rely on corner and drug
- stores for their groceries (Klein, 2002), which tend to carry foods higher in sugar and fat, and few fruits and vegetables (Ashman 1993).
- Poor access to nutritious food by Baltimore's low-income population may contribute to the high rate of chronic diseases found in the city. 31% of adults in Baltimore are obese (BMI>30) (Clark, et al 2001). Death rates from heart disease increased 75% from 1990 to 1999 (BCHD. 1999)



Research Questions

- What are the sources of food available to Baltimore residents, and how do they vary by area?
- What is the organizational and environmental structure of corner stores?
 In what ways can available food sources influence purchasing behavior of residents?
- In what ways can available food sources influence purchasing behavior of residents.
 How do local residents make use of the food sources available to them?
- How do local residents cope with limited access to nutritious foods?
- 6. How can the local food environment be improved:

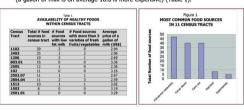
Methods

- Food Source Assessment (n=164) in eleven randomly selected census tracts in Baltimore City to identify all food sources and determine availability of selected healthy foods.
- In-depth interviews (n=19) conducted with store owners and managers of supermarkets and small stores
- Consumer survey instrument (n=39) to assess food purchasing patterns, use of local food sources, food preparation, food security and perceptions of healthy foods.

Results

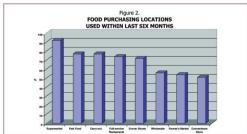
Food Source Assessment

- Corner stores and carry-outs predominate in lower income areas (Table 1).
 We found a total of 164 food sources located in the 11 census tracts.
- Full-service restaurants predominate in higher income census tracts.
- Eight times more small or medium-sized food stores than supermarkets (Figure 1).
- Eight times more carry-outs than supermarkets (Figure 1).
- Food is more expensive in census tracts with less availability of healthy foods (a gallon of milk is on average 18.6% more expensive) (Table 1).



Consumer Survey

- Female=55%, Male=45%
- African-Americans 72% , White 28%
- 18 % reported receiving one of the following assistance: Food Stamps, WIC, Commodity Food, Free/Reduced Price School Lunch
- 15% Food Insecure without hunger, 8% Food Insecure with Hunger (USDA Food Security Scale)
- Supermarkets were main location to buy food (Figure 2)
- Whole and 2% milk preferred over low-fat milk. Regular soda preferred over diet soda (Figure 3).
- Fruits and vegetables are bought frequently (Figure 4).





Corner Stores in Baltimore

Physical layout of corner stores

- Customers separated from cashier and food by a Plexiglass wall or door.
- Money and purchases exchanged through a rotating
- Customers buzzed inside if they wish to purchase
- larger items.

"We lose some business because customers can't come in to look and touch the food, but safety, safety." (Corner store manager)

Decision-making criteria for stocking and ordering

- Demand for product (main criteria)
 Store's physical structure (ex. capacity for refrigeration)
- Characteristics of the products (ex. perishable, price)
- Suppliers' procedures (ex. accept unsold products back)

"We don't buy what customers never buy, only buy popular product, otherwise sits there, gets bad, we don't want product to sit there, if not sell, try to avoid stock doesn't move." (Corner Store manager)

Main stocking and ordering methods

- Arrangements for regular delivery from suppliers
- Regular, direct purchases at wholesalers
- Purchases at major supermarket chains

Stocking and Promotion of healthier food Low stock of healthy foods

- Lack of demand for these products (main reason)
- Inability to return unsold items
- More expensive

Little promotion of healthier foods

- Store setup (difficult to communicate)
- Lack of interest on the part of the customers.

"When I sold fruits, I was selling doughnuts at the same time. But if they had the same price, the customers always bought doughnuts, not fruits, not even bananas. When I asked them to try those foods, they didn't listen to me..." (Corner store manager)

Corner store and the community

- Security as number one problem for stores
- Friendships with some of their neighbors.
 - Pictures of neighborhood children and community recognition certificates pasted in store windows.
 - Efforts to help customers by supplying special items or carrying supplies to the home of elderly, and ill.

"Some customers are very nice. They are really close. Like friend...They're nice, friendly, smilling. Tell us their problem. They stop by every day. We see each other. We've been here twenty years. They were babies and we see them growing up."(Corner store manager)

Successful Food-store Intervention: a Storeowner's perspective

- . Changes in consumer behavior (consumer's interest in their own health).
- "I always think that people here don't care about their health.

 That's why they become obese..." (Corner store manager)
- · Combat crime and drug-related problems
- Media and TV commercials are a bad influence on customer's dietary habits.
- . Work with food industry to decrease amount of sugar and fat.
- Improve profitability

"I think you need to be financially sufficient to survive the negative profits, which may happen at the beginning. But, anyway, I don't think any health food promotion will work in this neighborhood unless you give things out for free." (Corner store manager)

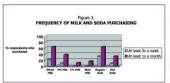
Limitations

- . Small sample size of census tracts, customers
- No interviews with large supermarket managers

Conclusions

- Small corner stores are an important venue for nutrition interventions targeted at low-income areas of Baltimore.
- Small corner stores unlikely to close their doors to move to wealthier locations.
- Working with small as well as large stores has the potential to reach more people, and may be more sustainable in the long run.
- Intervention needs to combine changes in store environment concomitant with nutrition education for consumers
- This information is being used to develop the Baltimore Health Stores program, which will target large and small stores in the city.













University of Ferrara TTALV

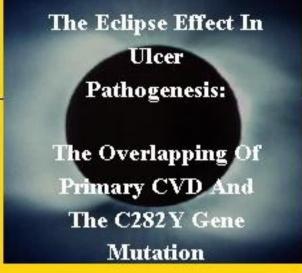
Vascular Diseases Center

Background: fron from red blood cells sequestered in the extra-cellular matrix in course of CVD is bound to ferritin and then to haemosiderin or un-taken by phagocytes. Such defensive mechanisms should avoid the generation of free iron and consequently of highly aggressive free radicals 1-1. It seems yet that the HFE mutations causes a less favourable management of the iron stored in the phagocytes (Fig 1) ...

Aims: Chronic venous disease (CVD) represents the most common vascular disorder in Caucasians, Usually, is a minimally disabling disease, but in about 10 percent of case it progress towards chronic venous leg ulceration (CVU)4. The HFE gene mutations on chromosome 6 are the most common recognized genetic defects in iron metabolism of Northern European descents, and, usually, are asymptomatic conditions? Since CVD leads to local iron overload in the affected legs, we investigated whether two common HFE mutations could increase the risk of CVU.

Results: Among patients affected by primary CVD, C282Y mutation increased the risk of developing CVU more than three times when compared to healthy controls (OR=3.24; CI 95%) 1.45-7.23: P=0.005) and by almost five times when compared to patients with no skin legions (OR=4.71; CI 95% 1 32-16 8, P=0.018).





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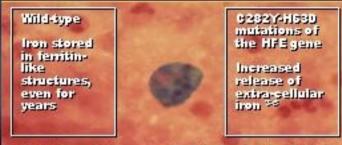
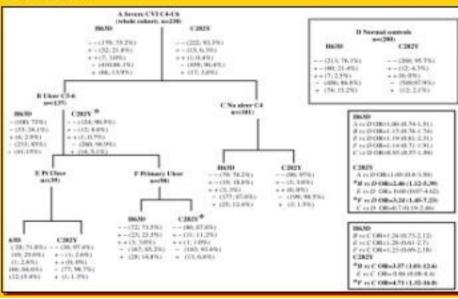


Fig. 1: A iron-laden macrophage in the ulcer bed (400X)

Me thods: From a cohort of 980 consecutive patients affected by severe CVD (CEAP clinical class C4-6) referred. to the Vascular Bisease Center of the Ferrara University, we selected 238 cases with the exclusion of any other comorbidity factor potentially involved in wound actiology (group A). They were subdivided in group B, including 137 patients with alicer (class C5, C6 - 96 primary and 39 post-flarembotic cases), and group C with 101 cases with no skin lesions (class (4). They were completely matched for sex age and geographical origin with 280 healifly controls (group II). A total of 518 subjects were PCR-genotyped for HFE mutations (C282Y and H63II).



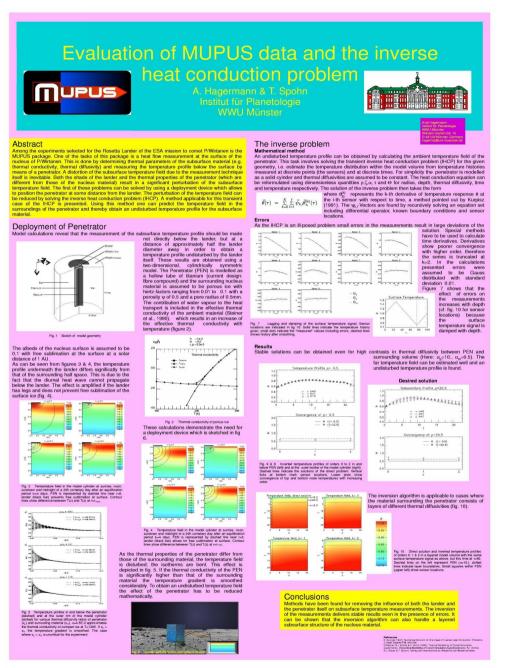
Conclusions: The coexistence of parimary CVD with the common HFE C282Y muntadion increases consistently the risk of developing venous leg ulceration. This finding payes the way for new strategies in terms of prevention and treatment. Of the many patients who suffer from varicose veins. only 10 percent develop venous ulcers. This highrisk minority could be identified in advance by means of a simple blood test that would act as a genetic screening desice. Then, such preventive measure as elastic

stockings, superficial venous surgery, and avoidance of iron-rich foods and dietary suplement could be utilized in a targeted program of potentially great effectiveness.

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IMGT-ONTOLOGY and IMGT Scientific chart for the nomenclature of immunoglobulin and T cell receptor genes

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