
Lessons from histology and immunohistochemistry

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Histology and immunohistology

- handling of the tissue depends on the further use
- methods of choice:

immersion fixation

perfusion fixation

freezing of tissue



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Embryonic organs

- Loose
 - less extra cellular matrix
 - more water
- Small
 - easy to fix
 - difficult to process
 - easy to do whole-mounts



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Embryonic organs

- Lack mostly immunological response elements
 - in immunohistochemistry background problems less severe than in many adult organs



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Adult organs

■ Dense

- less undifferentiated areas, more extracellular matrix
- less water

■ Large

- more difficult to fix, easier to process
- almost impossible to do whole-mounts



Adult organs

- Immunological systems well developed
 - problems with background
- More blood cell
 - more background in immunofluorescence
- More enzymatic activity
 - more background in immunodetection



Fixatives

- fixative alters the tissue by stabilizing the proteins, changes the soluble contents of the cell into insoluble
- immersion fixatives are often so called additive fixatives that chemically react with protein
- with non-additive fixatives the fixative molecule itself does not combine with the protein



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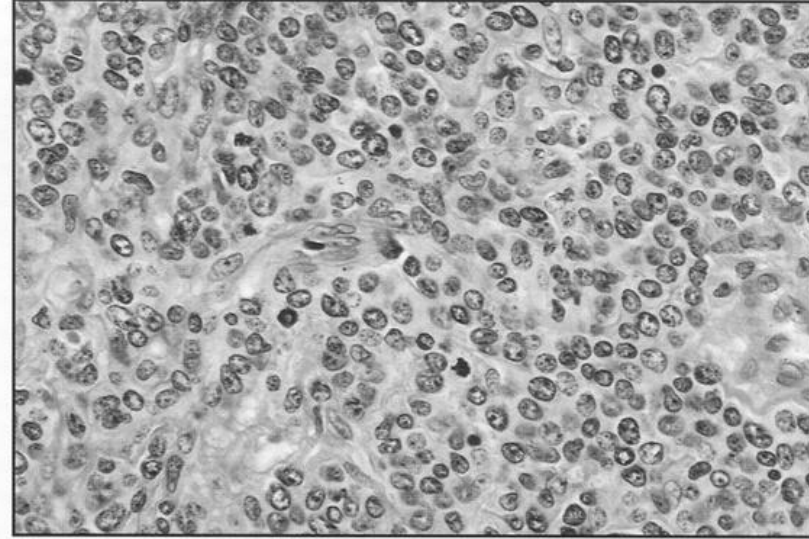
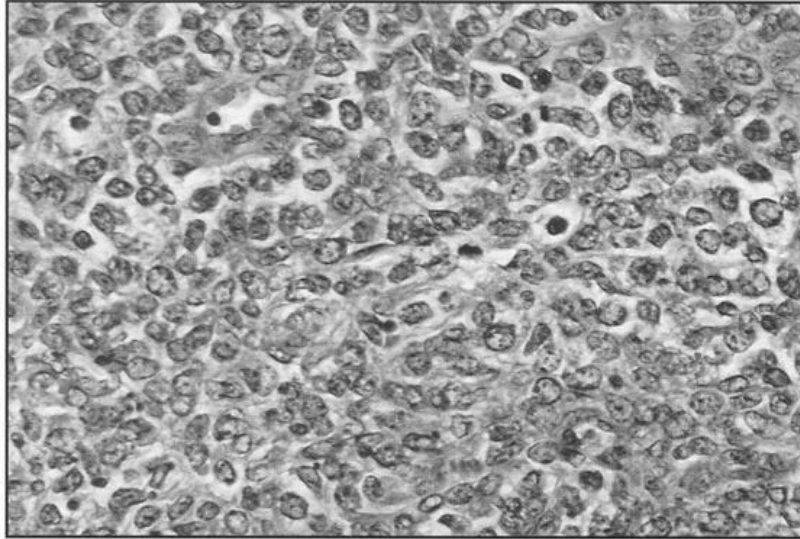
Factors influencing fixation

- temperature
- size of the tissue
- tissue to volume ratio
- osmolality
- time used for the fixation
- choice of fixative
- penetration
- tissue storage
- pH



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Fixation affects the tissue morphology



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Immersion fixation:

- whole tissues, pieces of tissue or whole embryos are fixed *in toto*

Perfusion fixation:

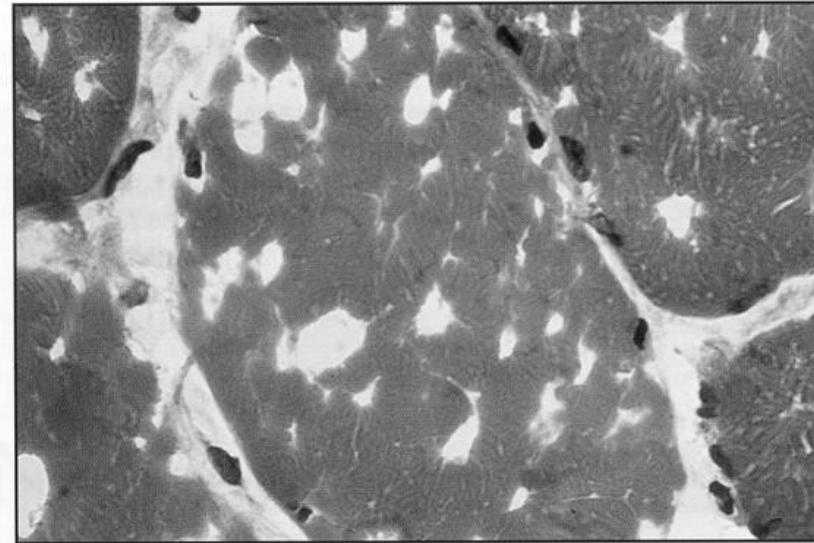
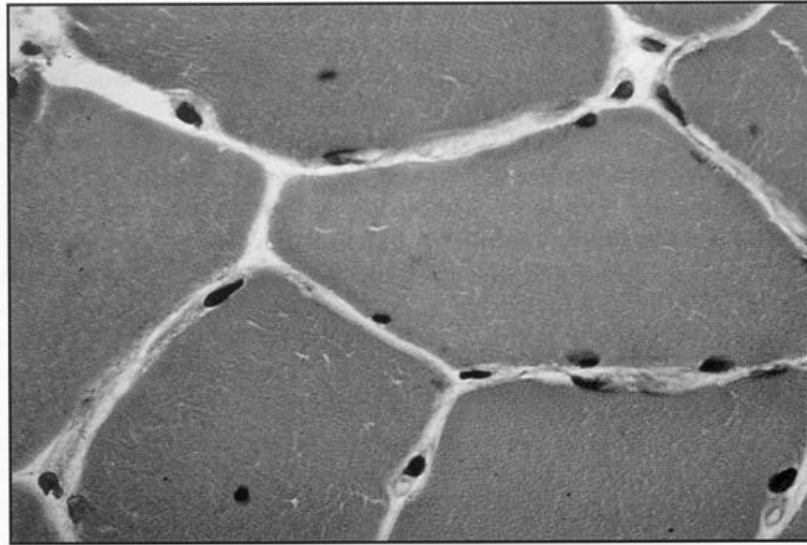
- animals are fixed *in toto* via blood circulation

Freezing of tissues:

- tissues/embryos are frozen *in toto*

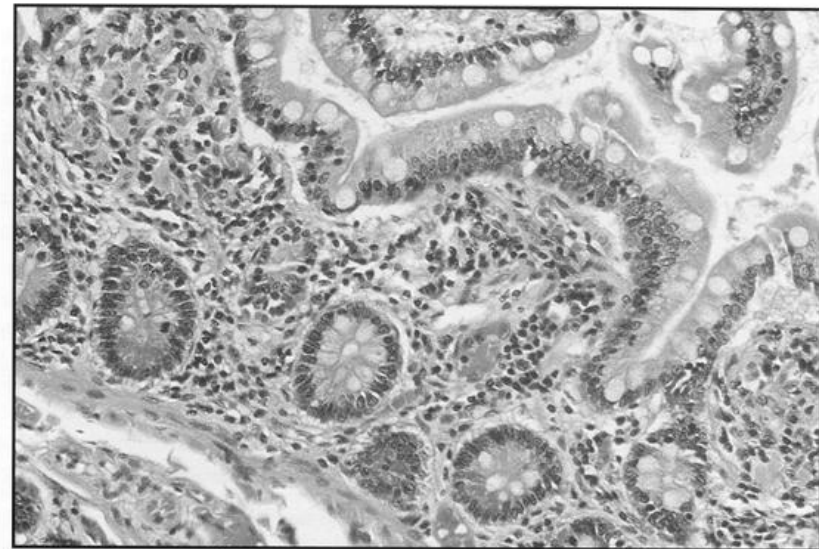
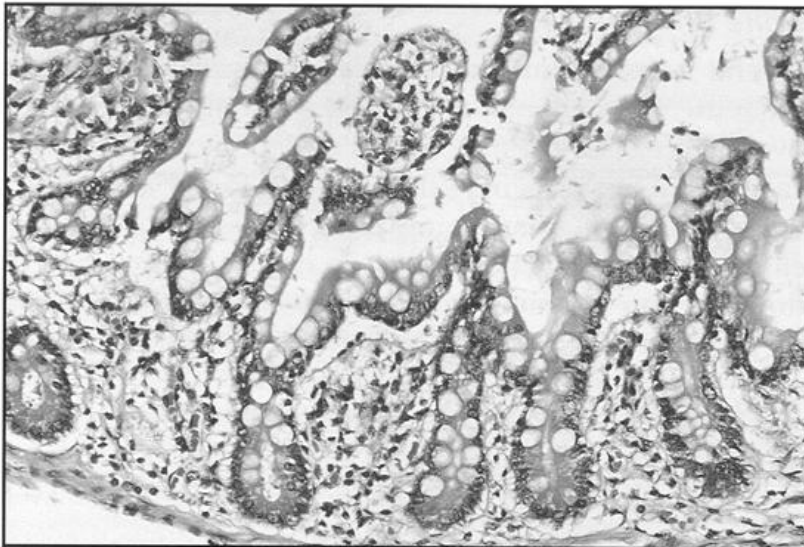


Frozen sections



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Paraffin sections



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Paraffin

- paraffin is the common name the alkane hydrocarbons with the general formula C_nH_{2n+2}
- Paraffin wax refers to the solids with $n=20-40$
- Wax melts in app. $55-60^{\circ}C$, and tissues can be embedded into this wax, let the wax to



Paraffin sections

- additive fixatives often used
- after fixations tissues are dehydrated, cleared and embedded in paraffin
- sections are cut at 2 - 10 μm with microtome
- sections are collected to objective slides, dried, deparaffinized and processed for histology, *in situ* hybridization or immunohistochemistry